



## SERVICES FOR EMPLOYEES AND FAMILY MEMBERS



Your employer wants to support you in being your best at work and in your personal life. That's why they offer EAP services to you and your household family members.

### AVAILABLE SERVICES INCLUDE:

#### COUNSELING SERVICES

- Personal Concerns
- Grief and Loss
- Trauma Issues
- Anger Management
- Marital/Relationship Issues
- Family Conflict
- Stress Management
- Spiritual Concerns
- Alcohol/Substance Abuse
- Workplace Concerns
- Depression
- Anxiety

#### FINANCIAL CONSULTING

- Budgeting
- Debt Counseling
- Refinancing
- Purchasing a Home/Car
- College Funds
- Retirement Planning/401k

#### LEGAL SERVICES

- Domestic/Family
- Civil/Consumer
- Criminal
- Estate Planning
- Real Estate
- Legal Documents

#### ADULT CARE RESOURCES

- Caregiver Support
- Community Resources
- Financial/Legal Education

#### CHILDCARE RESOURCES

- Child Development
- Special Needs Concerns
- School Selection
- Tutoring Information
- Parent/Child Concerns
- Day Care Information
- Summer Camp Information

#### PARENTING/ADOPTION RESOURCES

- Parenting Skills/Support
- Adoption Consultation/Information

#### COLLEGE CONSULTATION RESOURCES

"College Coaches" help with:

- Selecting the Appropriate School
- Understanding the Application and Admissions Process
- Admissions Testing Questions
- Financial Aid Websites

*Counseling services are confidential in compliance with the law.*

Our dedicated professionals are available 24 hours a day, 7 days a week to serve you.

Call toll free: 800.968.8143 | Columbia, SC 803.376.2668  
or visit us at [www.firstsuneap.com](http://www.firstsuneap.com)