

Connections

A newsletter for the entire community

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Danny Sanford,
President/Chief
Executive Officer

Still Hopes Updates

In mid-August, the CDC issued some new guidance for our continuing work to limit the ill effects of COVID-19 on all our lives. They begin their new guidance by stating that "high levels of vaccine- and infection-induced immunity and the availability of effective treatments and prevention tools have substantially reduced the risk for medically significant COVID-19 illness." And that "these circumstances now allow public health efforts to minimize the individual and societal health

impacts of COVID-19, by focusing on sustainable measures to further reduce medically significant illness, as well as to minimize strain on the health care system, while reducing barriers to social, educational, and economic activity."

As I read through the entire document, I do see a focus on measures to further reduce medically significant illness, but I admit to struggling a bit to see any new reduction in barriers to social activity for Still Hopes, and I know that this is what we all desire, for our quality of life to be able to return to the pre-COVID heyday. Still, I am encouraged to see that they at least mentioned the idea of removing barriers to our social lives, believing that shows an actual desire for this, and hope we will see better evidence of this in the near future. I do, honestly, believe that will come to us soon, and we, your Still Hopes family, pledge to continue to do all we can toward the return to "normal" every single

day, whether the CDC finds and describes a clear path, or we must continue to discover our own!

As I continued to read, I found that the CDC continues to warn that COVID-19 is more dangerous to those who are 65 and older, and they emphasize staying up to date with vaccines and wearing a well-fitted mask when you expose yourself to any situation with increased risks of exposure. NOTE: For those who may be immunocompromised, their advice is more complicated. If that definition may apply to you, you should be in contact with your primary care physician for their specific advice related to details described in this new guidance.

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Symphony Speaks

Tuesday, September 20 | 4:00 pm | Club Room

Hear Conductor Scott Weiss' pre-concert conversation about the upcoming UofSC Symphony Orchestra performance *The Planets*.

Attend the concert at the Koger Center on Thursday, September 22 with your neighbors from Still Hopes. Transportation Provided.

Scott Weiss is the Director of Orchestras at the University of South Carolina and the Music Director and Conductor of the Aiken Symphony Orchestra.

Shining Star

STILL HOPES EMPLOYEE OF THE MONTH: ROSETTE WILSON

Rosette's Nomination: Rosette Wilson goes the extra mile. She makes sure I have a great shower by washing my hair, putting lotion on to moisturize my skin, and even treats my feet. She is so pleasant, friendly, and encouraging.

Every day, Rosette shows that she enjoys her job and appreciates helping residents. From helping me into a clean dress, to bringing me the food that I like, Rosette knows what needs to be done to make me feel better.

She takes the time to learn my preferences, as well. She fixes the perfect cup of coffee and cuts my bacon just right to go into my grits. She takes the time to take me on walks and is kind and responsive. Rosette definitely deserves to be Employee of the Month.

Nomination dictated to Tacey Gohean by a resident



Chapel of the Holy Spirit

REV. DOUGLAS GRAY, CHAPLAIN
803.739.5033 | dagray@stillhopes.org

Sunday Worship Services

Join us for Worship
in the Chapel of the Holy Spirit

Sundays • 11 am

Communion will be served

Bible Class

CHRISTIANITY &
WORLD RELIGION

Ends Sept. 15

GOSPEL
OF LUKE

Begins Sept. 22

Led by the Rev. Doug Gray, Chaplain

Thursdays | 10:30 a.m. - 11:30 a.m.

Chapel of the Holy Spirit

All welcome to attend. Note sheets are provided.

Morning Prayer

Sundays • 11 am

televised on Still Hopes TV

Channel 1390/122

Bible Studies

BIBLE STUDY

Mondays • 11 a.m.

Led by Ella Pfaehler

Chapel

MEN'S BIBLE STUDY

Tuesdays • 11 a.m.

3rd floor McDowell

Activity Room

BIBLE STUDY

Mondays • 1:30 p.m.

3rd floor McDowell

Activity Room

Service of Holy Communion with Prayers for Healing

Led by Trinity Cathedral Clergy

The next service will be held on
Wednesday, September 14th • 11:00 a.m.

Chapel of the Holy Spirit

A service for all residents of Still Hopes

School Supply Drive

The Still Hopes Employee Focus Committee hosted a School Supply Drive to benefit the children of our staff members. School supplies donated included crayons, paper, pens, pencils, markers, and so much more! All of these supplies were divided and a total of 35 boxes were given to employees for their children.

In addition, 23 employees received a gift card which allowed them to purchase a backpack of their choosing. These funds were donated by directors and residents.

Thank you to EVERYONE that donated and made this so successful.

Watercolor Art Class with James Busby

Monday, September 12
3:30 - 4:45 p.m. | \$25

Residents will draw and paint with Chapin-based Artist James Busby. During the hour-long class residents will be guided in relaxing, watercolor painting while listening to classical music. *No experience is necessary; only a willingness to learn and enjoy the process. All materials provided.*

Rose Gardens



Residents enjoyed creating sunflower paintings!

Chair chi in the courtyard

We fondly remember...

WEAVER GRAYSON
JAMES EGGLEZOS
CHARLES LEMLEY
JANE MOOREFIELD
SUZANNE SMITH

Heartfelt sympathy is
extended to family and friends.

*Kneeler donations are
being accepted at this time.*

See back cover for more information.

New Bible Class Coming this Month!



Join our Chaplain, the Reverend Doug Gray, as he teaches a class on the Gospel of Luke—Thursdays at 10:30 AM in the Chapel from September 22, 2022 to March 2, 2023. No registration or prior knowledge of the Bible necessary to attend. *Preprinted note sheets will be provided for each class.*

September Birthdays

01 Ed Hickman	15 Mary Ann Heath
02 Charlie Cate	15 Peggy Savas
02 Fran Gibbes	15 Gerry Shiver
03 Warrne Holland	15 Tom Terrill
03 Henry Shaw	18 Fred Quinn
03 Sally Wiseman	19 Charles Russell
04 Lindsay Pressley	19 Nini Ward
04 Elaine McCarick	20 Janet Morris
05 Hugh Graham	21 Jack Williams
05 Lois Rimbo	22 Ruta Bly
06 Joyce Steele	24 Ellen Betts
07 Henrietta Gantt	24 Dorothy Blondin
07 Bernard Manning	24 Willie Saleeby
07 George Thrana	25 Glenda Boozer
08 Elizabeth Glazebrook	25 Paul Holmes
09 Eleanor Whitehead	25 Nina Smith
10 Jo Lynn Johnson	28 Robert Clark
11 Gayle Kinard	28 Libby Marshall
11 Marjorie Stearns	29 Dick Marshall
14 Jewell Hill	30 David Blazon

Welcome New Residents!

EMILY & CHARLES
ISRAEL

Apartment, Cottage, & Concierge Suite Life Engagement Bus Departure Times

Thursday, September 1 3:45 p.m.	Rudy Mancke Presentation at UofSC Library	Saturday, September 17 9:30 a.m.	Soda City Market	Friday, September 23 10:45 a.m.	Lunch Brunch at Backstreets Grill
Wednesday, September 7 10:15 a.m.	Grocery Shopping at Publix	Tuesday, September 20 8:30 a.m.	Men's Golf Group Outing	Tuesday, September 27 8:15 a.m.	Brookgreen Gardens
Saturday, September 10 5:15 p.m.	Fireflies Baseball Game at SEGRA Park	Wednesday, September 21 10:15 a.m.	Grocey Shopping at Publix	Wednesday, September 28 9:30 a.m.	Shopping at Hamricks
Thursday, September 15 10:45 a.m.	Columbia's Greek Festival	Thursday, September 22 6:45 p.m.	UofSC School of Music Symphony Orchestra at Koger	Friday, September 30 10:30 a.m.	Pickleball & Lunch

SEPTEMBER BRIDGE

Sign-up is required for each bridge event.
Sign-up sheets are in the Life Engagement Book.

BRIDGE REFRESHER & COACHING WITH TERI

Saturdays, September 3, 10, & 24
Emilie's Cafe | 11:00 a.m.

Contact: Teri Kuhs | 803.360.1447

Saturday bridge with Teri has a new look. Sessions will begin with a mini lesson reviewing & extending topics (listed on sign-up sheets) covered in the spring. What we need now is practice, practice, practice. At 11:30 we will play bridge using some preset hands connected to topic of the day. Newcomers with some bridge experience are welcome to come at 11:00 or 11:30. There will NOT be Saturday bridge on the 3rd Saturday of each month. Third Sunday with Verna is a great way to get practice that week.

BRIDGE PARTY

Friday, Sep. 30 | Trinity Multipurpose | 10:00 a.m.

Contact: Sally Wiseman | 803.924.0084

DUPLICATE BRIDGE

Wednesdays, September 14 & 28
Trinity Multipurpose Room | 9:30 a.m.

Contact: Gail Boule | 803.646.3464

SOCIAL BRIDGE

Sunday, Sep. 18 | Emilie's Cafe | 2:00 p.m.

Contact: Verna Goodman | 843.422.9756

LIFE ENGAGEMENT

Living a vibrant and full life!

Residents are given many opportunities and choices of maintaining a full, active lifestyle.

Greenway residents rolled out the dough for the first ever Still Hopes "Bark-ery!" In preparation for the annual dog parade, folks from the River Banks and Jane Bruce Guignard neighborhoods baked homemade peanut butter and banana dog biscuits to thank all of our "paw"ticipants.

Special thanks to our amazing culinary team for making it all possible. They provided us with all of the ingredients needed in the proper amounts and, after an afternoon filled with mixing and rolling and cutting, ensured the treats were baked to perfection.

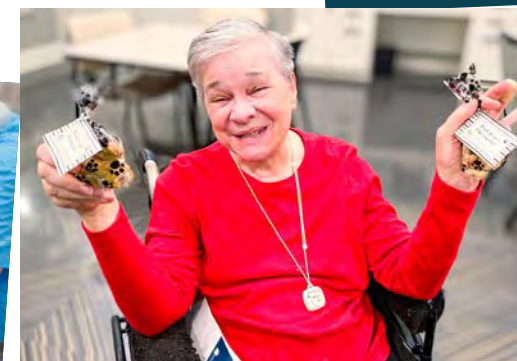
Once the biscuits cooled, we were back at work again stuffing over 50 treat bags (that's over 500 individual biscuits)! After the parade, the participating pups were rewarded for their good behavior, finally getting to taste their treats – all biscuits were puppy approved!



Hannah Jones,
Life Engagement Assistant,
River Banks
hjones@stillhopes.org



Still Hopes Bark-ery in full swing!



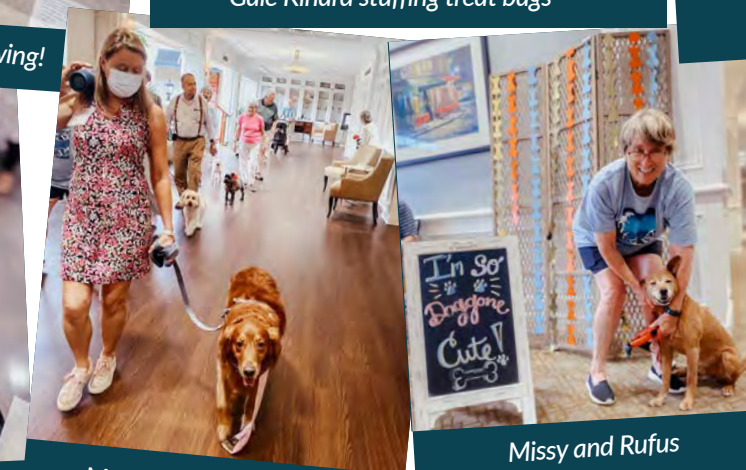
Gale Kinard stuffing treat bags



Joyce and Elliott preparing the dough



Nelson inspecting the treats



Martin leading the way!

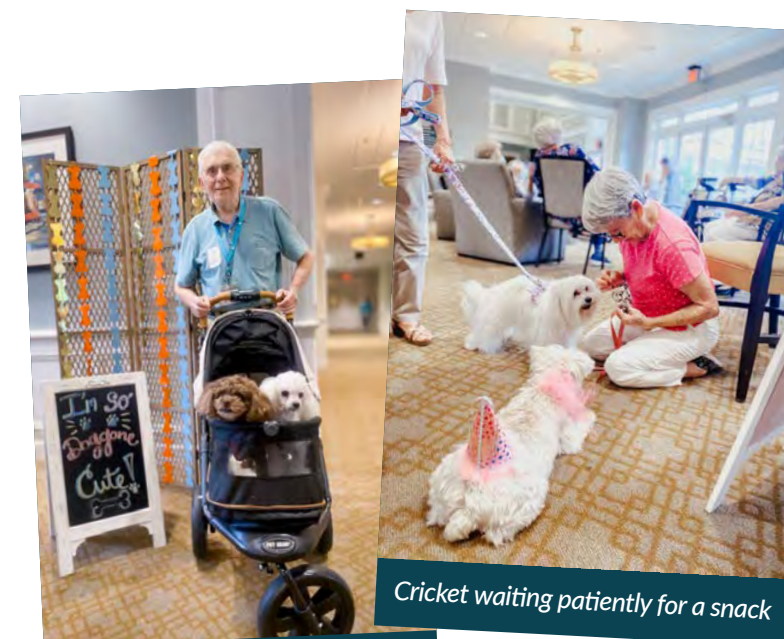


Missy and Rufus

George & Judy with Beau



Michelle Rabon
Director of Life
Engagement
mrabon@stillhopes.org
910-367-9711



Cricket waiting patiently for a snack

Cantey, Buddy White, and
Charlie Brown

Popcorn Cinema

Fridays

3:00 p.m.
Keenan Event Center

September 2

Remember the Titans
PG | 2 hr. | 2000

September 9

Dead Poet's Society
PG | 2 hr. 8 min. | 1989

September 16

Field of Dreams
PG | 1 hr. 47 min. | 1989

September 23

Akeelah and the Bee
PG | 1 hr. 52 min. | 2006

*Thursday,
September 29

The Pride of the Yankees
NR | 2 hr. 8 min. | 1942

Line Dancing

1st & 3rd
Mondays

4:00 p.m.
Wellness Center Aerobic Room

Film & Theology Series

The Light Between Oceans

Saturday,
September 10

2:00 pm
Keenan Event Center

War-weary Tom takes a job as a lighthouse keeper on an island for the solitude. He meets beautiful young Isabel, and they eventually marry. One day they see a small dinghy floating in the ocean; inside it is an infant and a man. They rush to rescue them and discover that the man is dead. They struggle over the decision to report it and whether to keep the baby. Heartbroken over her previous experience with miscarriage, Isabel persuades Tom not to tell anyone about the man and to take the girl on as their own child. To make her happy, Tom succumbs reluctantly to her persuasion and buries the man on the island; and they name the girl Lucy. Years later, they discover Lucy's real mother, and are forced to make difficult decisions.

Set in Australia and starring Michael Fassbender and Alicia Vikander, this tender story is about the struggle between right and wrong, providing us with drama, suspense, and many questions. Run time is 2 hrs. 13 min.

Ageless Technology-Anchor Investment Management

Thursday,
September 1

4:00 p.m.
Keenan Event Center

We will discuss two free apps, MarketWatch and Yahoo Finance, which were introduced at our August session presented by Margaret Ellen Pender and Sara Caudle from Anchor Investment Management. Please bring your electronic device and your Apple ID or Google Play log-in credentials. *No prior experience needed!*

Team Trivia

Mondays

5:00 p.m.
Keenan Event Center

Think you know it all? Prove it! Teams are formed upon arrival. Questions are based on a weekly theme which will be announced before the game starts.

FIRST RESPONDERS BREAKFAST & APPRECIATION PARADE

FRIDAY, SEPTEMBER 9

10:00 A.M.

CAMPUS WIDE

Come watch the parade and show your appreciation for our local first responders.

MUSIC CIRCLE

September 13

3:00 pm
Keenan Event Center

Come join us to play drums, musical instruments, and sing together.

Afternoon Tea and Violin Performance

HOSTED BY THE SYMPHONY LEAGUE OF THE SC PHILHARMONIC WITH A SPECIAL THANKS TO MELINDA PARRISH

THURSDAY,
SEPT. 8

2:00 PM

KEENAN
EVENT
CENTER

TICKETS WILL BE \$45

Donations to the Symphony League of the SC Philharmonic will be accepted and appreciated

PLEASE SIGN UP IN THE LIFE ENGAGEMENT BOOK NEAR THE ATRIUM IF YOU WISH TO ATTEND.

By Reservation Only, Resident Charge

College Football Kick-off Party

USC VS. GEORGIA STATE
ON THE BIG SCREEN

Saturday, Sept. 3

7 pm
Emilie's Cafe Courtyard

Huddle up for a College Football Kick-off Party. Be sure to wear your team colors! Light refreshments will be served. BYOB. The USC vs. Georgia State game kicks off at 7:30 pm and will be shown on a 120-inch outdoor movie projector screen!

Visit Brookgreen Gardens

Tuesday,
September 27

Depart:
8:15 a.m.

HOPEWELL TOUR OF HOMES

Thursday, September 29

Shuttle provided from McDowell
Resident-only event

COLUMBIA'S GREEK FESTIVAL

Thursday, September 15

Depart: 10:45 am

Experience Greek Culture, Food and Events, Festival Shops and Guided tours of the newly completed narthex iconography and the Cathedral iconography.

Update on the Restoration of Notre Dame

Tuesday, September 6

2:00 p.m.
Keenan Event Center

Presented by Dr. Carol McGinnis Kay, Professor of English Emerita and former academic dean, University of South Carolina.

Join us for a fascinating lecture on the update on the restoration of Notre Dame Cathedral. In 2019, a devastating fire ripped through the iconic landmark, collapsing its roof and toppling its iconic spire.

6

7

HOLLYWOOD, HISTORY, & HOAGIES

With Dr. Walter Edgar:
Author, Professor, & Host
on SC Public Radio

Watch a special Popcorn Cinema movie on a Friday!
Then sign up to attend a historical lecture about the
movie, the Monday following!



MOVIE SHOWINGS

LUNCH & HISTORY

Cleopatra
Sunday, Oct. 2 | 2:00 p.m.

Monday, Oct. 3
12:00 p.m.

All the King's Men
Friday, Oct. 28 | 3:00 p.m.

Tuesday, Nov. 1
12:00 p.m.

Sound of Music
Friday, Dec. 2 | 3:00 p.m.

Monday, Dec. 5
12:00 p.m.

The Great Locomotive Chase
Friday, Jan. 27 | 3:00 p.m.

Monday, Jan. 30
12:00 p.m.

Movies & presentations in Keenan
Event Center | \$5 resident charge



Syd Jackson
performs for
residents at
a previous
"Tunes on
Tuesday."

TUNES ON TUESDAY SOCIAL

2nd & 4th Tuesday Each Month
1:00 pm
Trinity Building Club Room

September 13
Skey Caskey & Rick Calhoun, Guitar
September 27
Sing-along with Dave Sennema, Vocals and
Paulann Benfield, Piano

PICKLEBALL & PUB

Friday, September 30th

Lexington County
Tennis Center and Steel
Hands Brewing

Depart: 10:30 am
By reservation,
resident charge

Lunch Bunch- Backstreets Grill

Friday,
September 23

Depart: 10:45 a.m.
Cost: Self-Pay

Located on Devine Street in Columbia, SC. They
serve modern-American cuisine prepared with
only fresh ingredients, and their unique sauces
are made in-house daily.

Columbia Fireflies Baseball Game

Saturday, September 10

Depart: 5:15 p.m.

Game Time: 6:05 p.m.

Cost: \$26.50

Includes game ticket to reserved open
air suite, buffet dinner, soda, and water

Enjoy Fireflies Baseball with friends
at SEGRA park in beautiful downtown
Columbia. SEGRA park is a cashless facility,
and they enforce a clear bag policy.

"Still Hopes Updates," continued from page 1

Community Levels will continue to be distributed weekly by the CDC, and will continue to guide Still Hopes in requiring masking for those staff who work outside our licensed areas. The CDC calculates the Community Level, by county, based on each county's hospitalization rates, hospital bed occupancy, and COVID-19 incidence during the preceding period. Their specific, stated, goals are twofold: 1) to reduce "medically significant illness" and 2) to limit the strain on the county's healthcare system. Whenever this level is HIGH, the CDC protocols will continue to require that all staff will be in masks while on the campus and around any other persons that cannot keep, or simply and practically are not, greater than 6 feet away from others. As we have said before, the CDC recommends masks at all times for healthcare settings, and DHEC has regulated that, in our assisted living, skilled nursing, and Medicare rehab, masks will be worn at all times, regardless of the Community Level.

While there are indeed some changes in approach within these newest guidelines from the CDC, there is no radical change yet evidenced for our Still Hopes community. We will stay the course, and we will work diligently to keep all our residents, families, and staff members as safe from this illness as we possibly can, while continuing to provide a wellness focused approach to living. A hearty THANK YOU, for your continued prayers and words of encouragement, as we all continue on this once in a lifetime journey. I pray God's Peace for us all.

Gardening at Still Hopes: September

Balcony Gardening.

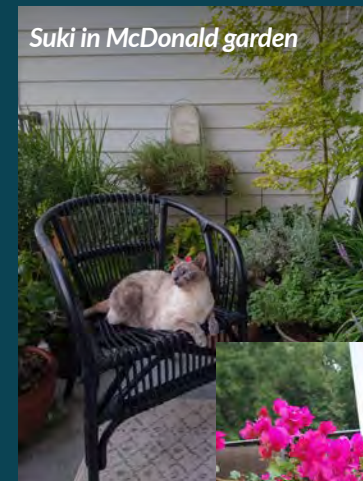
Here we find ourselves living in an apartment community, missing our used-to-have home gardens. How can we continue to grow and enjoy plants that make us feel fulfilled and happy? Balcony and container gardening is both our challenge and opportunity.

If you think you are limited to one, lonely geranium or fern, think again. The RHS Chelsea Flower Show 2022 featured balcony gardens, stunning in design and appearance and inspiring in variety. Photographs and descriptions of the designer gardens can be found by searching "balcony gardens" on the internet. Take a look and be amazed.

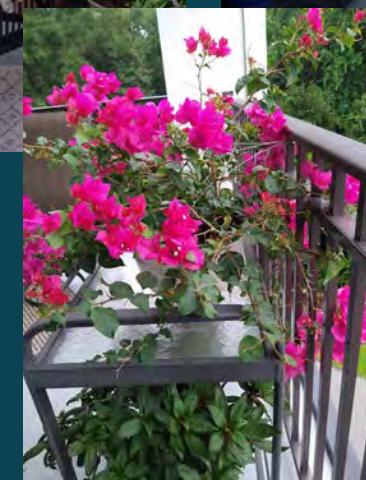
Another source for inspiration is: <https://www.homesandgardens.com/ideas/balcony-garden-ideas>. This site lists 15 ways to create a lush garden in a small space. Some of the recommendations offered are to add height variety with a plant stand; use one oversize planter; and, choose colors you love. For more design ideas you can go to [pinterest.com](https://www.pinterest.com), where you can find a wide selection of beautiful images.

Many of our residents' balconies have been decorated with pots of evergreen shrubs and flowering annuals and perennials for year round enjoyment. These balcony gardens can be viewed from inside, offering an illusion of a lush garden bed, and/or as an outside room with tables and chairs for entertaining or morning coffee. In

Suki in McDonald garden



Kay Murrell
at home



Carter's bougainvillea

any case, the balcony garden should carry out the interior design style, theme and color palette, per "Homes and Gardens."

A few balcony gardens of note. Barbara and Joe Carter have created a delightful retreat in their wood side, corner balcony with tables and chairs for entertaining, complemented with ferns, torenia, and a

dazzling fuchsia bougainvillea spilling through the railing. Sally Pulliam's attractive balcony garden is planted with ferns, begonias, fatsia, and overarching blue plumbago, all thriving in the morning sun. With their good design sensibilities, Kay and Mike Murrell have created a well appointed outdoor living room complete with tables and chairs, small chest, plant stand, Kimberly Queen ferns, lime-green creeping jenny, and impatiens. Inspired by an article in "The American Gardener,"

Hillary McDonald created a 7 1/2' x 15' balcony garden to be viewed from inside. It is full of many potted plants, including a dwarf Japanese maple, boxwoods, and New Guinea impatiens, and is frequented by her cat, Suki.

Not to be overlooked, many of our balcony gardens have feeders and flowering plants where the Ruby-throated hummingbirds can find nectar. The "hummers" will be here though mid October. Cleaning and replenishing the feeders with sugar water is important as the tiny birds get ready for later migration.

Hillary McDonald, Still Hopes Gardening Group



Healthy Dynamics

AN ON-SITE, ONGOING PROGRAM FOR APARTMENT, CONCIERGE, AND COTTAGE RESIDENTS

Tacey Gohean | Community Services Director | 803.739.5047 | tgohean@stillhopes.org

Please join us for News You Can Use!

Reclaiming Joy

Thursday, September 22 | 3:00 p.m.
Keenan Event Center

Christie James, corporate trainer and our new Director of Development, will lead us in *Reclaiming Joy: Using Creativity to Dial up the Cheer...and chocolate* definitely makes life more joyful, too!

Hearing Specialist

Thursday, September 1

Hearing Specialist **Mike Arndt** will be at Still Hopes. Please sign up to see Mr. Arndt in the Healthy Dynamics Book on Main Street near the Atrium.

3D Digital Mammography

Tuesday, September 13

The Mobile Mammography Unit from Prisma Health will be at Still Hopes. *If you haven't yet signed up and registered, now is the time!* You will find information on scheduling your appointment and registering in the *Healthy Dynamics Book* near the Atrium on Main Street.

**No doctor's order is required for individuals over 40 years of age.*

Parkinson's Support Group Meeting

Friday, September 16 | 10:00 a.m.
Keenan Event Center, Room 3

We welcome those living with Parkinson's Disease and their care partners to join us as we learn from and support each other. A special thank-you to Physical Therapist Sara O'Brien who shared helpful information with us at our August meeting.

Podiatry Services

Wednesdays, September 14 & 28

Please sign up to see Dr. Smith in the Healthy Dynamics Book on Main Street near the Atrium.

Wellness Checks!

Mondays & Thursdays | 9:30 - 11:00 a.m.
Mondays: Card Room 2, 2nd floor McDowell
Thursdays: Spa Room 1, Wellness Center

Wellness Checks are staffed by our Solutions for Living at Home nurses Allison, Vickie, and Raquel.

SHARE Caregiver Support Group

Tuesday, September 6 | 1:30 - 2:30 p.m.
McDowell, 3rd Floor

This group is open to all residents who are care partners for a spouse. Caregiving is both challenging and joyous. At our August meeting we had over 340 years of relationship experience to draw from! We would love to have you with us!

Open to Hope Grief Support Group

Guignard Mansion
1:30 - 2:30 p.m.

Wednesdays, September 14 & 28

Open to Hope is facilitated by residents Nela Edgar and Beebe James. Join us for support and resources following the loss of a loved one, and while moving through the grieving process.

Mindfulness and Meditation

Wednesdays
4:00 - 4:30 p.m.
Guignard Mansion

Take a few minutes to be quiet, breathe deeply, and re-center. It will make your whole week better!

The Visionaries: Low Vision Support Group

Wednesday, September 21 | 2:00 - 3:00 p.m.
Guignard Mansion

This group is open to residents who are living with low vision and the members provide a wealth of information about vision support and services.

Tips from Visionaries for from our August meeting:

- » Don't neglect your eyes! See your eye doctor regularly.
- » Remind your children to have their eyes checked (some diseases of the eyes are hereditary).
- » Check into AREDS vitamins for eye health.



Tai Chi for Balance

Join us for a new date and time!

Petite Studio
Tuesdays | 3:00 - 3:30 p.m.

Join Dan Bernardo, head instructor of WellWithin Martial Arts, on a holistic journey to balance, mobility, coordination, and more confidence in movement. The class will focus on subtle shifting of weight and developing good posture for ease of movement. All research has shown that Tai Chi improves balance. You can practice Tai Chi using ambulatory devices or sitting in a chair as well as standing. This class does not take place on the floor. There is a \$10 charge associated with each class that you attend, charged to your monthly bill. No registration or long-term commitment required, but consistent attendance leads to balance improvements.

Coming in October: Vaccine Clinic 2022

Keenan Event Center
Thursday, October 6 &
Friday, October 7

We appreciate CVS Pharmacy for once again partnering with us to enhance the health of our residents! Flu and Pneumonia vaccines will be offered, as well as COVID-19 vaccines that are approved at that time. More information will be provided as COVID vaccine status is updated by the CDC.

Welcome to Massage Therapy Services

Please join us in welcoming our new massage therapist, Lisa Kerlin. Lisa moved to South Carolina in 2005 from Northwest Indiana. She has two wonderful children, a 7th and 9th grader that attend Grays Collegiate Academy. She studied massage therapy right out of high school and then continued her education by studying Hospitality Restaurant Tourism Management at Purdue University, before transferring to finish her degree at the University of South Carolina. After finishing up with her education and having her children, Lisa went back to her true passion of massage therapy. Lisa received her state license for massage therapy in 2014. She loves what she does and enjoys the ability to help others. We look forward to having Lisa here, and she is looking forward to working with all of you. Please contact the Wellness Center about price options, and how to schedule your appointment!

Connections

A newsletter for the entire community



STILL HOPES
Episcopal Retirement Community

P.O. Box 2959
West Columbia, SC 29171-2959
stillhopes.org

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Dear Friends,

We are truly blessed to live here at Still Hopes and to have access to the Chapel of the Holy Spirit, a beautiful place of worship for all. I am writing to tell you about a possible project that would improve the Chapel kneelers. If you attend services here and have used the current kneelers you are aware that they have lost their density and are painful to our aging knees.

I have been a member of the Trinity Needlework Guild for many years and was privileged to work on the creation of the new kneelers at the Cathedral. I hope to have your support as I propose that funds be collected to create new kneelers with beautiful needlework tops and fresh foam and upholstery.

I met with Danny, Doug and Stephanie for permission and direction regarding this project. I have also investigated the prices to obtain a design from Linda Mote (a nationally known designer of Eucharistic canvases who designed the recent pieces for Trinity), the canvas and wool supplies, blocking and reupholstery. Using these prices and possible COL increases, I believe that the project may require \$8,000 and at least one year to 18 months for completion.

I would appreciate your feedback, and hopefully contributions to the project. Funding will be handled by Carolyn Twisdale by checks made out to Still Hopes with "Chapel Kneelers" in the memo line and left in the business office. There are opportunities for memorials and honorariums and written acknowledgment in a simple brochure. You may also cut off the bottom portion of this letter to include with your check.

I look forward to hearing from you - in person, by email (mcloyd@aol.com) or text (803-606-1566). Thank you for your thoughts and consideration of this project.

Faithfully,
Cookie Cloyd

Donation to the Chapel Kneelers from: _____

Memorial/Honorarium: _____

Acknowledgement to: _____

(Please include address) _____

