

Connections

A newsletter for the entire community

INSIDE THIS ISSUE

Page Topic

- 1 Pen Pal Project
- 1 Welcome Dr. Edwards
- 2 May Employee of the Month
- 3 Chapel of the Holy Spirit
- 4 Transportation & Birthdays
- 5-8 Upcoming Events
 - 8 Field Day
 - 9 Belles & Bowties
- 10 Healthy Dynamics
- 11 Neighborhood Updates
- 12 Columbia Fireflies Game
- 12 Fourth of July Celebration

Getting to Know You:

Still Hopes and White Knoll High School Pen Pal Project

by Holly Crawford, Life Engagement Assistant for Independent Living

This spring, a group of Still Hopes residents and students in Dr. Craig Wheatley's sociology class at White Knoll High School participated in a pen pal project ending with a reception held in the school's library last month. The goal of the pen pal project was to connect students and residents through letter writing to foster and develop an intergenerational relationship with each other. Throughout the spring semester, residents and students exchanged a series of letters getting to know each other and form connections. The students' final exam was planning and hosting a reception honoring our residents that participated in the Pen Pal Project. Residents and students met their pen pals in person after months of corresponding via letters while enjoying a delicious lunch and a fun game of Bingo.



Thank you to the residents that participated in this year's Pen Pal Project:

Judy Beazley, Barbara Carter, Frances Case, Diane DeFord, A.J. Dooley, Amaryllis Duvall, Marian Fowler, Steve Fowler, Sue Jones, Teri Kuhs, Barbara Moody, Kay Murrell, Mike Murrell, Charles Russell, Mary Russell, Suzy Weisman, Patsy White, Joan Yelverton, and Ben Yelverton.



Geriatric Health and Wellness, LTD at Still Hopes welcomes Elizabeth W. Edwards, MD

Geriatric Health & Wellness, Ltd consists of a growing team that includes a geriatrictrained physician, RN, and nurse practitioner. We pride ourselves in ongoing continuing medical education, participation in research, educating others and evaluating opportunities to enhance our care through technology, innovation, and quality improvement programs.

We welcome Elizabeth W. Edwards, MD to our Still Hopes team. She received

her medical degree from the Medical University of South Carolina in Charleston and completed her residency in internal medicine at the University of South Carolina in Columbia, where she served as chief resident. She previously completed a master's degree in international business and worked at Computer Sciences Corporation as director of property and casualty outsourcing. Dr. Edwards enjoys making ceramic pottery and speaks French and Italian.

Shining Stars:

MAY EMPLOYEE OF THE MONTH: RICKI SMITH

Ricki's First Nomination: I am writing to wholeheartedly nominate Ricki Smith for the Still Hopes' Employee of the Month. Ricki embodies everything positive about Still Hopes. She is a brand ambassador, an excellent nurse, a caring soul, and an all-around good person.

Ricki was the first nurse we met when my father arrived at Still Hopes. Seeing her eyes sparkle behind her mask and goggles assured me that she had a kindness and compassion that my dad would need. It wouldn't be until later that we saw the strength and confidence of her personality that helped him through his last painful weeks.

As our father settled in, it was clear that Ricki could convince my dad to do things we couldn't. She would have him up, dressed and ready for a doctor's appointment after we had failed to do the same thing the day before. She brought him milkshakes when he wasn't eating and in his last days, she kindly cocooned him in his bed, always making sure the pillows were positioned for maximum comfort. She talked to him, even after he was no longer responsive, knowing he could hear her.

During those final weeks, I grew to dread seeing the Congaree nurse station phone number calling my phone. Ricki always made sure I didn't feel panicked when she called. She was the nurse who made the tough phone call to tell us to gather the family when my dad was in his final hours. She was kind, compassionate and spot-on with her instinct.

On Dad's 90th birthday, Ricki arranged a party at 12:01 AM. She wheeled my mom into the room, ordered a birthday cake, and gifted him with the perfect full-body pillow. Ricki made him feel like king for a day.

Ricki was able to do all those things at same time she was caring for my mom. She listened to Mom's concerns about Dad and knew when it was appropriate to wheel her down to him or when she needed to stay in her room. She is a great listener when my mom talks and is willing to share stories with her, which means the world to her. Ricki cares for my mom's emotional needs as well as her physical needs. She makes sure Mom's hair and nails are tended to, which has aided her mental well-being.

There have been several times Ricki asked the right questions to identify medical concerns with both parents. Our family is not the only one that Ricki treats this way. My mom frequently tells me Ricki treats everyone on the floor with the same attention, kindness, and compassion.

I've learned a lot about the nursing profession over the past few months of my parents' time in Congaree. All the nurses who have cared for my parents are highly qualified and competent. Ricky certainly is. It's the attributes



beyond her technical skills that set her apart in her role. She has a gift for people, and I'm so grateful she shares that gift so freely with my family.

I could write on and on about Ricki! She is absolutely deserving of the highest recognition Still Hopes can give, and I wholeheartedly nominate her for Employee of the Month.

Submitted by Resident's Family Member

Ricki's Second Nomination: Energetic, caring, patient, friendly and fun.

Ricki treats each resident with gentleness and kindness. She goes above and beyond when caring for her residents on Congaree. An example of this behavior is when Ricki dresses up for a staff spirit day.

A resident of Congaree describes Ricki as "so much more than a nurse. She is so quick to solve issues. She is extraordinary and unusual, and really cares for the residents. Ricki exemplifies the epitome of the culture and mission statement of Still Hopes. I consider it an honor to offer words of praise about her. I believe Ricki deserves to be Employee of the Month.

Submitted by Diane Fisher

SUMMER IN HOPEWELL GALLERY: Watercolor Artist Joong Kim



RECEPTION & ARTIST DEMO

HopeWell Gallery Wednesday, June 1 3:00 p.m.

Joong will share and provide a demo of the type of work displayed.



Chapel of the Holy Spirit

REV. DOUGLAS GRAY, CHAPLAIN 803.739.5033 | dagray@stillhopes.org

Sunday Worship Services

Join us for Worship in the Chapel of the Holy Spirit

Sundays · 11 am

Communion will be served

Bible Class

GOSPEL OF JOHN

Led by the Rev. Doug Gray, Chaplain

Thursdays • 10:30 a.m. - 11:30 a.m. Chapel of the Holy Spirit

All are welcome to attend. Note sheets are provided at each class.

Morning Prayer

Sundays · 11 am televised on Still Hopes TV Channel 1390/122

Bible Studies

BIBLE STUDY

Mondays · 11 a.m. Led by Ella Pfaehler

Chapel

MEN'S BIBLE STUDY

Tuesdays · 11 a.m.

3rd floor McDowell

Activity Room

BIBLE STUDY

Mondays • 1:30 p.m.

3rd floor McDowell

Activity Room

Service of Holy Communion with Prayers for Healing

Led by Trinity Cathedral Clergy

The next service will be held on Wednesday, June 8th · 11:00 a.m.
Chapel of the Holy Spirit
A service for all residents of Still Hopes

Thank you!

Thank you to all our volunteer lay readers in the Chapel who so graciously serve in this vital ministry. You help God's holy Word come alive for those who attend services in the Chapel. God bless you for your wonderful ministry. If you're interested in serving as a lay reader in the Chapel, please email Debbie Cooper, Assistant to the Chaplain, at dcooper@stillhopes.org.

We fondly remember...

META BEARD
GREGG O'NEAL
DOROTHEA OWENS

Heartfelt sympathy is extended to family and friends.



Columbarium Project Now Complete



Still Hopes is proud to announce the completion of our long-awaited Columbarium project. The Columbarium can now be found on the left hand side of our Chapel of the Holy Spirit. The Columbarium contains

80 niches, which can hold up to two standard sized urns. We are so pleased with how this beautiful project turned out and we welcome this addition to our campus. If you wish to find out more details about our Columbarium, please contact Stephanie Parker at (803) 739-5002 or sparker@stillhopes.org.

Shoppe on Main Volunteers Needed

Immediate openings for volunteers for both morning and afternoon shifts. If you are interested in becoming a Shoppe on Main attendant, please contact Holly Crawford at 803.739.5018 or Hcrawford@stillhopes.org.

June Birthdays

15 Mary Clarkson

02	Mary Strasburger	15	Richard Murphy
02	Margaret Twomey	16	Joanne Harris
05	Sue Jones	17	Sarah Auman
05	Kelly Shuptrine	17	Frank Brown
05	Clara Smith	17	Margaret Buchana
06	Ann Floyd	17	Retta Miller
07	Pat Dorn	18	Pat Flowers
08	Sara Davis	19	Larry Sease
08	Mary Exum	20	Besty Oakman
08	Joyce Nobles	23	Susan Milton
09	Margaret Canova	24	Grace Chapman
09	Norman Robertson	24	Don Weisman
09	Margaret Watson	26	Barbara McAullay
10	AJ Dooley	26	Margaret Rember
10	Trisha Haile	27	Ed Griswold
11	John Ward	30	BJ Shoe
14	Dorothy Pondy	30	Rose Mary Smith

Medical Transportation

Please note that transportation for medical appointments is on a first come, first serve, basis and is provided Monday through Friday. Transportation leaves as early as 8:00 with the last appointment of the day being a 2:00 appointment, leaving Still Hopes at 1:30. Earlier appointments may be available upon request.

For the schedule to run smoothly we schedule on the half hour. (Example: If you have a 9:00 appointment we will pick you up at 8:30. If you have a 9:15 appointment we will pick you up at 8:30.) We kindly request that you are ready and prepared for your scheduled pick-up time. If you are 10 minutes or more late for your scheduled pick-up time it may be necessary to reschedule your appointment.

Plan early! As the saying goes "the early bird gets the worm". If you know you have a scheduled appointment for the remainder of this year or an appointment in 2023, please put it on our schedule as we fill up quickly. Also, please have the doctor's name and correct address when scheduling transportation.

To request transportation for a medical appointment, please call:

803-995-8126 **Transportation Office**

803-609-3156 Susan McDaniel. Transportation Coordinator (Cell)

Welcome New Residents!

JACQUIE & WAYNE CORLEY

Apartment, Cottage, & Concierge Suite Life Engagement Bus Departure Times

Friday, June 3 9:00 a.m.	Grocery Shopping at Food Lion	Tuesday, June 14 12:15 p.m.	Southeastern Piano Festival Concert at Trinity Cathedral	Saturday, June 18 10:45 a.m.	Soda City Market
Sunday, June 5 2:15 p.m.	Great Moments in Italian Opera at the Koger Center	Friday, June 17 9:00 a.m.	Grocery Shopping at Publix	Tuesday, June 21 2:15 p.m.	Planetarium Show at the SC State Museum
Tuesday, June 7 6:45 p.m.	Fiddler on the Roof: Broadway in Cola. at the Koger Center	Friday, June 17 10:00 a.m.	Hometown Tour - Newberry, SC	Friday, June 24 10:30 a.m.	Lunch Bunch- DiPrato's Delicatessen
Wednesday, June 8 6:00 p.m.	Fireflies Baseball Game at SEGRA Park	Friday, June 17 10:00 a.m.	Hometown Tour - Newberry, SC	Sunday, June 26 2:00 p.m.	4th of July Celebration at First Baptist Church of Columbia

LIFE ENGAGEMENT

Living a vibrant and full life!

Residents are given many opportunities and choices of maintaining a full, active lifestyle.



I was born in Albany, New York and moved to Lexington,

South Carolina with my family when I was just five years

I grew up with a built-in group of best friends wherever I

went. I graduated from Batesburg-Leesville High School

and went on to attend The University of South Carolina

Aiken where I received my bachelor's degree in Sociology

my time in Aiken, I was fortunate to be a part of several

become incredibly passionate about. I was a part of the

team at the Veteran and Military Student Success Center

members and military family members to use their GI Bill

life to civilian life.

at USC Aiken where I assisted in certifying veterans, service

benefits as well as transition those individuals from military

violence, human trafficking and human rights which I have

projects drawing attention to issues such as domestic

with a minor in Women and Gender Studies. During

old. From there my family moved to Gilbert and eventually

settled in Batesburg-Leesville. As the middle of five children,

Michelle Rabon Director of Life Engagement mrabon@stillhopes.org 910-367-9711

Welcome Regina Morin-Sevrie to Life Engagement!



Life Engagement welcomes Regina Morin-Sevrie to its team. Regina was hired several months ago to assist in our skilled nursing neighborhoods of Jane Bruce Guignard. When an opening for a full-time position on the team became available, we were delighted Regina was interested in the position. Regina will manage Arts on Main, coordinating art

She will also be the staff liaison for bridge, the Busy Needlers, and the Main Street Library. In addition, she will be the event coordinator on staff for the upcoming resident-employee Talent Show in July.

In her own words, here is a little more about Regina...

In my free time I enjoy spending time with my wife, Haley, who also works here at Still Hopes. We have two pets, our cat Monty and our dog Millie, who keep us very busy. I am also seamstress with a small sewing business called Sew Fryed Creations. A few of my other hobbies include embroidery, tending to my house plants, cooking and baking, as well as hiking and exploring local trails and parks.

classes and Adventures in Art, as well as artisan crafts.

STILL HOPES' **GOT TALENT** July 21 | 2:00 p.m. **Keenan Event Center** Sign-Up Information Deadline: June 23 Sign up sheet at Life Engagement Desk. Limited spaces available! All employees and residents will be eligible to sign up to perform. If you are not planning to perform, then we would love all employees and residents that can to support our talented cohorts. Please contact Regina Morin-Sevrie by phone or email if you have any questions.



Popcorn Cinema 3:00 p.m. Fridays Keenan Event Center June 3 "Water For Elephants" PG-13 | 2 hr. | 2011 June 10 "Letters to Juliet" PG | 1 hr. 45 min. | 2010 June 17 "The Best Exotic Marigold Hotel" PG-13 | 2 hr. 4 min. | 2011 June 24 "Greyhound" PG-13 | 1 hr. 31 min. | 2020

Trivia

Mondavs*

5:00 p.m. Keenan Event Center

Think you know it all? Prove it! Teams are formed upon arrival. Questions are based on a weekly theme which will be announced before the game starts.

*Trivia is cancelled Monday, June 6th due to Rummage Sale Setup in the Keenan Center.

Film & Theology Series

The French Lieutenant's Woman

Saturday, June 11

2:00 pm

Keenan Event Center

Prepare to be challenged by this adaptation of John Fowles' widely acclaimed and popular novel, The French Lieutenant's Woman. Set in 1867, Sarah Woodrow (Meryl Streep), a beautiful young Englishwoman, is condemned by society because of a tragic affair with a French Lieutenant. A wealthy amateur paleontologist, Charles Smithson (Jeremy Irons), becomes entangled in her story. The film moves to 1981 and the making of a modern-day movie based on the affair of the previous century. You will see characters dealing with the unexpected realities of relationships, regardless of the era.

Cornhole

1st & 3rd Wednesdays

3:00 p.m.

Emilie's Café Courtyard

Join Holly in the courtyard beside Emilie's Café for a friendly game of cornhole. Rules will be explained before playing and no experience is necessary.

ANNUAL RUMMAGE SALE

Wednesday, June 8

DONATIONS ACCEPTED:

9:00 a.m. - 4:00 p.m. Mon., June 6 & Tues.. June 7 Keenan Event Center

The Annual Rummage Sale is here! Items donated will be categorized, tagged, and placed in the Keenan for sale. Employees and residents, if you have a donation, please hold onto it until the week of June 6. Life Engagement will help coordinate delivery of large or bulky items such as furniture, TVs, or small appliances for residents. Clothes are not accepted at the Rummage Sale. Residents who would like to volunteer at the sale, please contact a Life Engagement staff member or sign up in the Hub.

For more information, contact Michelle Rabon, Director of Life Engagement, at 803.995.8134/ mrabon@ stillhopes.org; or Holly Crawford, Life Engagement Assistant, 803.739.5018/ hcrawford@stillhopes.org.

TERRIFIC THURSDAY

Mark Catesby, 18th Century Naturalist presented by Dr. Michael Weisenburg

Thursday, June 2

3:00 p.m.

Keenan Event Center

Learn about 18th Century Naturalist, Mark Catesby, and his interactions with native and enslaved populations in colonial South Carolina. Presentation will include images from the University of South Carolina Libraries new exhibit that opened in March 2022 celebrating the 339th anniversary of Catesby's Birthday. Dr. Michael Weisenburg is the Associate Director of the Irvin Department of Rare Books and Special Collections, Ernest F. Hollings Special Collections Library at the University of South Carolina Libraries.

Line Dancing

1st & 3rd Mondays

4:00 p.m.

Wellness Center Aerobic Room



Afternoon with an Author: Murder on Edisto Author, C. Hope Clark

Tuesday. June 28

2:00 p.m. Keenan Event Center

Reception to follow presentation

Author, C. Hope Clark will join us to discuss her second series of books, the thrilling Edisto Island Murder Mystery Series. Her first book in the series, Murder on Edisto, was chosen to represent the state of South Carolina in the Route 1 Reads program as a sterling representation of the state's setting. Her first series of books, The Carolina Slade Series has taken several awards from the small Phillip Mangelsdorf Award for best opening paragraph to Alabama Writer's Conclave Competition, The Writing Show Chapter Competition as judged by bestselling mystery author C. J. Box, finalist Daphne du Maurier Award for Excellence in Mystery/Suspense sponsored by Romance Writers of America, and semi-finalist status (top 100 out of 10.000) in the Amazon Breakthrough Novel Contest. Two books won Killer Nashville's Silver Falchion Award for mystery, and three books received EPIC e-Book Awards. Salkehatchie Secret won best mystery at the Imadjinn Awards.

Summer Theme Charcuterie Making Class

Thursday, June 16

3:00 p.m. Keenan Event Center

Join Derek Graham, Director of Hospitality and Culinary Services. As an executive chef, he'll teach you how to create a charcuterie board for your next party or to share with the ones you love. Enjoy the experience with a glass of wine. All items will be included. By Reservation, Resident Charge.

SEPF on the Road: Featuring SEPF Participants at Trinity Cathedral

Wednesday. June 14

Depart: 12:15 p.m. Concert Time: 1:00 p.m.

Transportation to Trinity Cathedral for the Southeastern Piano Festival on the Road Concert featuring performances by SEPF participants.

HOMETOWN TOUR:

Newberry, 36

June 17, 2022 Depart | 10:00 a.m. Cost: \$38.50

Experience the wonderful tastes and ambiance of a traditional tea room for lunch at the Gallery Team Room in historic downtown Newberry, SC followed by a docent led tour of the Newberry Museum, currently featuring a new temporary exhibit "She said....YES" showcasing the collection of Jeannie Rucker, of Boiling Springs. There are over 150 items from Rucker's collection, including a collection of garments, accessories, and historical objects.

Lunch Bunch: DiPrato's Delicatessen

Friday, June 24 | Self-Pay Depart: 10:30 a.m.



Creative Crafters

Mondays | 2:00 p.m. Arts on Main

June 6 CNA Week gifts

June 13 CNA Week gifts

June 20 Glitter Dipped Wine Glasses

June 27 Safety Pin Jewelry



DRUM CIRCLE

Friday, June 10 | 10:00 a.m. Mansion Porch/Front Lawn

Join Wendy Valerio, Ph.D., Professor of Music -Director of Student Teaching, for a joyful drum circle! No prior experience needed! Everyone is welcome! Feel the rhythm. Get the beat. We'll sing your songs and have some fun! Even if you do not want to participate, sit on the porch and enjoy the performance!





2022 FIELD DAY

Good Sportsmanship, Team Spirit, & Competition Between Employees

Oh, what a morning, a beautiful and competitive morning, that is! Five employee teams battled it out Tuesday, May 24 at the second annual Life Engagement Field Day competition. The Dream Team, representing Plant Ops (Haley Frye, Blue Hartzog, Troy Wingfield, Jimmy Doctor, Caleb Murname, Ray Hyatt, Ty Washington, and Tory Gambrill), took home bragging rights as winners of the annual trophy.

Employees showed their team sportsmanship and spirit during a new event this year. The Gladiators, representing Environmental Services (Eric Abramson,

Edward Langford, Steven Kendrick, Carlos Chavis, Brittany Martin, Carolyn Garrick, Ethel Brooks, and Penny Paxton), were selected by the crowd and captured the Spirit Baton. They showcased team T-shirts, and the mojo of Still Hopes gladiators armed with brooms and trash can lids! They were a fan favorite for sure!

Thank you to all the teams participating as well as the residents and employees who came to cheer for the favorite teams!

Participating Teams:

- 1. Solutions for Living at Home
- **Gladiators** representing Environmental Services
- The Dream Team representing Plant Operations
- 4. The Wonder Women representing Community Services, Marketing, PR, and Compliance
- 5. The Terminators representing HR











Healthy Dynamics

AN ON-SITE, ONGOING PROGRAM FOR APARTMENT, CONCIERGE, AND COTTAGE RESIDENTS

Tacey Gohean | Community Services Director | 803.739.5047 | tgohean@stillhopes.org

Please join us for Summer School 2022!

Living Our Best Lives

Thursday, June 30 3:00 p.m.

Keenan Event Center

Join us as our lead therapist Sara O'Brien, Physical Therapist, presents Body Mechanics: Addressing Common Body Challenges for a More Comfortable Life...and CHOCOLATE makes life better, too!

Hearing Specialist

Thursday, June 2

Hearing Specialist **Mike Arndt** will be at Still Hopes. *Please sign up* to see Mr. Arndt in the Healthy Dynamics Book on Main Street near the Atrium.

Welcome & Thank You!

A huge welcome to our new Community Services
Assistant Holly Hartung!! Holly joined our team on
5/22/2022 after being here at Still Hopes for about
a year in the Culinary department. SO MANY of
you have said how much you think of Holly, and
how great she is. Come by the desk at the front of
McDowell and meet Holly if you have not already.
Ariel Wingfield has taken a position as Scheduling
Coordinator in the licensed areas and will begin there
on June 6th. Ariel, we are proud of you and will be
coming over to see you!

Parkinson's Support Group Meeting

Friday, June 17 10:00 a.m.

Keenan Event Center

We welcome those living with Parkinson's Disease and their care partners!

Podiatry Services

Wednesday, June 29

Please sign up to see Dr. Smith in the Healthy Dynamics Book on Main Street near the Atrium.

Wellness Checks!

Mondays & Thursdays

9:30 - 11:00 a.m.

Mondays: Card Room 2, 2nd floor McDowell Thursdays: Spa Room 1, Wellness Center

Wellness Checks are staffed by our Solutions for Living at Home nurses Allison, Vickie, and Raquel.

Prescription Medication Disposal

Tuesdays & Thursdays

9:00 - 11:00 a.m.

McDowell Building 4, Community Services Assistant's Desk

Bring your outdated or unused prescription medication. *Please mark through your name on the medication label, but leave the medication name and dosage intact.* Thank you!

Open to Hope Grief Support Group

Stay tuned for the June meeting date(s). Meetings take place in the Guignard Mansion on Wednesday afternoons. Our grief group, Open to Hope, is led by Nela Edgar and Beebe James, and provides support and resources for sharing and healing following loss. If you have questions, please reach out to Tacey at 803-739-5047.

SHARE Caregiver Support

Tuesday,

1:30 - 2:30 p.m.

June 7 A

Activities Room, McDowell, 3rd Floor

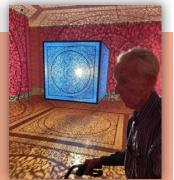
This group is open to all residents who are care partners for a spouse.

Vaccine Booster Update

Thanks again to our partners in health CVS and their wonderful pharmacists for making our COVID booster clinic and other vaccine clinics a priority! At our April Booster Clinic 180 of our residents received their 2nd Covid boosters.

If you happened to get your 2nd booster at a location other than Still Hopes, we would still like to get a copy of your Vaccination Record Card for our records. Please bring your card by the front desk of McDowell to be copied.





The Visionaries: Low Vision Support Group

The Visionaries traveled to the Columbia Museum of Art on the afternoon of Monday, May 9th for a Touch Tour of the Rodin sculptures. This was a wonderful treat to our residents, and we look forward to more events like this in the future. Please join us for our next meeting! (See below.)

Wednesday, June 15 2:00 - 3:00 p.m. Guignard Mansion

Jane Bruce Guignard Neighborhood Updates

Mary Duffie enjoyed watching the tap dancers from The SC Dance and Music Academy.



Cantey Heath and Charlie Brown are a big hit among residents of JBG. Several residents comment how cute Charlie Brown is.

Jean Knudson, Margaret Wyman and Charles Lemley enjoyed a ride to Lake Murray.



Mother's Day Tea

by John Tasevski, Life Engagement Assistant

This year we had our first Mother's Day tea party in Sanders rehab. On Mother's Day we served scones and petit fours, and residents selected their choice of green tea, white tea, black tea, Earl Grey, or herbal tea. Staff also participated and told stories about their mothers. The party continued for over an hour as people sipped tea from ornate tea cups and saucers. *Dear mothers, know that you are loved!*

10

Connections

A newsletter for the entire community



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