

All Apartment and Cottage Residents,

Many of you are aware that we have seen several new COVID cases among our residents in the past two weeks. Through the end of the day yesterday, May 5, we have a total number of 9 residents who have tested positive. One of those is past the 10 days that the CDC recommends mask wearing for. Eight are still within the 10-day period, but 4 of those 8 are past the 5-day period of isolation. All of the 4 are feeling fine, but will still be masking through the 10th day, if/when they are out and about. Of the remaining 4, 3 will be passing the 5-day isolation period during this weekend and from all appearances, their symptoms will be fully subsided. When they are symptom free, and beyond the 5-day isolation period, they will be able to be out of their apartments, with masks on until they get past 10 days. All of these 3 have improved or have improving symptoms. The final one of the 9 is newly diagnosed, and is feeling pretty well fatigued at this point. This individual is on isolation for the next 5 days. Assuming similar improvement to what we have seen with the remainder of the 9, it should be that this last person will be symptom free at the end of 5 days, and will be able to end their isolation.

To recap succinctly, in numbers of residents, here is the status of our 9 cases:

- 1- Has now Passed 10th day, is feeling fine and no longer required to wear a mask.
- 4- Are beyond 5 days, are feeling fine, no longer on isolation, but wearing a mask through day 10.
- 3- Do continue on their isolation, but day 5 will come for them, over this weekend, and it is anticipated that they will be past symptoms on their 5th day, and will be able to end isolation then, but will be wearing masks through day 10.
- 1- Has been newly diagnosed and is not feeling good. On isolation at least through day 5.

Important to note is that we have not seen a common thread with these 9 positive cases. There is only one case where one of the people who tested positive was in the same area as another of the 9, but with this case, there were multiple other people, positioned closer to the person who became ill first, who have continued to not test positive. Because this was a staff led event, we also know that these two residents were **not** in close proximity to one another, and it is believed that their cases are unrelated. From all indications, each resident who has contracted COVID during this uptick has likely had their exposure outside Still Hopes. None of these people are able to trace their exposure back to any defined place, event, or person.

With this uptick in cases and with the realization that the exposures are coming from general activity and not from specific functions/events where the exposure can be easily back-traced, it is my strong recommendation that you take very seriously the plan of frequent hand-washing and/or hand-sanitizing, and that you wear a mask when you are out and about. Also, if you wear a mask, please wear it appropriately to cover your mouth and nose. While we do allow you to go without a mask here on campus, you are still encouraged to wear a mask. One resident expressed concern that Still Hopes was not telling people to wash their hands, or to wear a mask, but it is a fact that just about all of mainstream media is telling us this on a pretty regular basis. Please do realize that even if we were only dealing with the “regular flu” and with the “common cold,” washing your hands is the best proven way to avoid spreading these viruses. Further, we now know that masks are very effective as well. This Mother’s Day weekend is a time to be sure to keep up all the safety measures, even including social distancing.

Attached to the back of this memo is new information about restrictions to other events and venues across the campus. Thank you for working with us to help us take only the tiniest of steps back to be best prepared to take our next full step forward.

Sincerely,

Danny Sanford, Still Hopes CEO

Newly Stated COVID-19 Safe Practice Guidelines for Still Hopes
May 6, 2022

Shearouse Center for Wellness:

Residents with Exposures:

- No group class attendance until after day 10
- Use of equipment allowed, but must be properly masked
- No use of the pool until after day 10
- Walk outside without a mask, indoors with a mask (Still Hopes Walking Guide available at the Wellness Center)
- Attend virtual exercise classes, Monday – Friday at 10am, on Still Hopes TV Channel

Residents that have Tested Positive:

- No use of Wellness Center until after day 5, and symptoms are gone
- No group class attendance until after day 10, and symptoms are gone
- Can use equipment starting on day 6, if symptoms are gone, and must be properly masked
- No use of the pool until after day 10, and symptoms are gone
- Walk outside after day 5, if symptoms are gone, without a mask
- Walk inside after day 5, if symptoms are gone, with properly worn mask
- Attend virtual exercise classes, Monday – Friday at 10am, on Still Hopes TV Channel

Dining, Life Engagement, Activity Opportunities, Chapel Services

- If you are symptom free and have not been exposed during the last 5 days, all these services are fully open to you.
- If you have been exposed and have no symptoms, we ask that you wear a mask until you have passed the 10th day. After day 10, you may eat in a common area dining venue. If you develop symptoms / any changes in health during this 10-day period, contact Tacey Gohean immediately so that we can test you and put in place the support that you may need.
- If you have tested positive:
 - You are to isolate for 5 days, which means do not use any of Still Hopes' common areas.
 - You may end isolation after 5 days, if you are free from symptoms, which means you may use the spaces of your choice, but with a properly worn mask *at all times*, thus you should not eat in a common area dining room during day 6 through day 10
 - After the 10th day, and if you are symptom free, you may resume normal activities

NOTE: These are minimally different from our normal operating methodology and seem to me to be the least restrictive plan forward that respects the slight “surge” in cases we have seen in our recent past. Thank you for working with us to help assure we end the “surge” as quickly as it came. As has been the procedure thus far, please contact Tacey Gohean if you have experienced a COVID exposure or tested positive for COVID.