



STILL HOPES

COMMUNITY WELLNESS PROGRAM FEE SCHEDULE

Full Membership <i>(includes classes, fitness area, pool, changing rooms, and showers)</i>	single	\$480/yr
		\$260/6mos
		\$140/3mos
	couple	\$790/yr
		\$450/6mos
		\$240/3mos

Pool Membership Only (no classes) <i>(includes changing rooms and showers)</i>	single	\$240/yr
		\$150/6mos
		\$85/3mos
	couple	\$398/yr
		\$250/6mos
		\$145/3mos

Classes-2 sessions per week (see schedule) \$36/month

Hip School \$98/course

Fitness Trail/LifeTrail Exercise Stations FREE

Spa Services are scheduled with service provider. fees vary
(includes massage, nail care, chiropractic care)

Physical, Occupational, Speech Therapy Scheduled through Heritage Healthcare; Medicare Part B

For more details on the above programs and fee schedule, contact:

Denise J. Heimlich, M.S. | Director of Wellness
Still Hopes Episcopal Retirement Community

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